



TRINITY

PRESBYTERIAN (PCA) • MURFREESBORO

Resurrection Prayer Guide

2021

Honor God

Welcome All

Embody Christ's Reign

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INTRODUCTION

The Goal of this prayer guide *is that it may be used by the Spirit of God to form our local body more and more into the image of Christ as we seek the Father in prayer and give ourselves to his Word.*

In Christ we are God's children and by the Spirit we are enabled to cry out, "Abba! Father!" Yet even then, prayer does not come easy to the Christian. We struggle to pour out our hearts because so often we do not have the words. Hence, this prayer guide is filled with prayerful words that come directly from God's Word. It is the hope of the Session that as we listen to and speak God's Written Word, his Eternal Word, the Lord Jesus, will shape, not only our words to him, but also our very lives in His image. So take up this prayer guide individually or as a family (see *A Note to Families* in the *How to Use This Guide* section on page 6) and use it to lead you to God's throne of grace where there is sufficient help in time of need.

Why a *Daily* Prayer Guide?

God loves rhythm. The same sun rises and sets each day. The same four seasons come and go every year. Yet within this rhythm, we do not experience the same old routine. Rather we find the wonder and beauty of God's creativity that orders all he has made. And the same is true for us. God's children thrive, not as much in unprompted spontaneity, but in the ordinary rhythms and seasons of life. Historically, this truth has been central to the spiritual formation of God's people. It was seen in the holy seasons of Israel, in the daily prayers of the Psalmists and earliest Christians, and most importantly, in the gatherings of God's people on the Lord's Day. This prayer guide then, is meant to help us attune our lives to the God-given rhythms of daily prayer. God wants not only our hearts, but also our days and our calendars. This is the reason the early church saw fit to shape their days and years by the remembrance of Christ – his arrival (Advent), his birth (Christmas), his manifestation to the world (Epiphany), his cross (Lent), his Resurrection (Easter), and his gift of the Spirit (Pentecost).

Why a *Prayer* Guide?

A prayer guide is not meant to squelch our freedom in prayer. On the contrary, it is meant to give us words to start our prayers that those words might become our own. The best way we learn to pray is by being immersed in the biblical language of prayer – speaking these prayers again and again with our lips until what we pray flows directly from our hearts and, in turn, shapes our lives. So how can this prayer guide help?

1. It encourages us to pray daily and intentionally, giving us words to pray, so that we can start praying immediately without spending undue time wondering where to begin.
2. It shows us how to pray Scripturally, specifically to pray the Psalms (The Prayer Book of the Christian) and the prayers of the Apostle Paul.
3. It helps us to pray together. During the week, while we are scattered we can still pray together as we commit to use this guide as a way to shape our 'common' daily prayers. Using this guide serves as a reminder that we belong to a particular community called to seek the one Lord who loved us and gave himself for us on the cross.

HOW TO USE THIS GUIDE

This Resurrection Season Prayer Guide is intentionally set up to be repetitive. There are six days of Morning, Midday, and Evening prayers for Monday through Saturday (There are no suggested prayers on Sundays because Lord's Day worship is our corporate prayer service, and we would encourage you to use the 'Order of Service' for your personal prayers on that day). This repetition is not meant to stifle your prayers, but to lead you into prayer. In addition, the repetition will produce familiarity, possibly even memorization of certain psalms, prayers and passages of Scripture. The only thing that will not be repetitive is the daily readings in Paul's Prison Epistles. **It is our hope that throughout the Season of Resurrection our entire congregation will read through these epistles as we use this prayer guide. Below is the general outline of the daily prayers for morning and evening with some helpful suggestions on how to use each particular section.**

Call to Prayer: Morning & Evening

This is meant to remind us that it is God who first seeks us and calls us to prayerfully seek him. Each day includes a call to prayer from a psalm. Regard these words as God's personal call to you to pour out your heart to him in prayer.

Prayers of Praise and Thanksgiving: Morning

Psalm 5 says, "O LORD, in the morning you hear my voice; in the morning I direct my prayer to you and watch." Each new day is a gift from God, so use this time to thank him for seeing you through the night and giving you a new day; praying that he would bless and keep you throughout the day.

Confession of Sin, Personal Confession, Song of Confession, and Assurance of Pardon and Comfort: Night

The evening is a great time to reflect on the previous day. In so doing, we will be aware of the particular ways we sinned against our God – ways we did not trust him or betrayed him, and ways we hurt or harmed ourselves and others. In this section of the prayer guide, we have provided a general confession of sin from the Psalms and a time of personal confession. After this, there is a song of confession meant to deepen you in your need for God's good mercy. Finally, once you've confessed your sins there is a pointed reminder that for all who look to Jesus in repentance there is always forgiveness.

Readings & Time of Silence

This portion of the prayer guide includes a reading from the Psalms. Since these will be repetitive throughout the week, seek to memorize them, and use them as a way to shape your approach to God in prayer. This portion also includes a reading from Paul's Prison Epistles (Ephesians, Philippians, and Colossians), which you will read twice daily. These particular readings will take you through these epistles during the season of Easter. Read these passages slowly and intentionally. You may even want to take notes. After reading the selected Scriptures, there is a time of silence. Use this time to prayerfully reflect on what you just read.

Confession of Faith: Morning

Morning is a good time to confess what we believe and to whom we belong as followers of Christ. For this reason, this prayer guide includes daily confessions of faith taken directly from Scripture. These confessions focus on the gospel, our union with Christ, and his calling upon our lives.

Prayers of Intercession: Morning and Evening

Use this time to pray for yourself, your family and friends, and for your church family. This portion of the prayer guide also includes suggestions for other prayers of intercession that include such things as praying for the leadership of TPC and our mission partners.

The Lord's Prayer: Morning and Evening

Throughout Church history, God's people have prayed the prayer Jesus taught us to pray. Therefore, know when you pray this prayer you're joining your voice with the voice of the Church throughout space and time. Also, when we pray this prayer know that we are entering more deeply into Jesus' School of Prayer (*see appendix for further aid in praying the Lord's Prayer.*)

Closing Prayer: Morning and Evening

These prayers are taken from the Apostle Paul's prayers for his churches. You will pray the same prayer in the morning and evening. It is our hope that Paul's prayers will teach us to pray to our good and gracious Father in the name of his Son, the Lord Jesus Christ.

The Morning Song

These songs are intended to highlight the meaning of the Resurrection, particularly in how our God has defeated sin and death through Jesus' crucifixion and resurrection. In the appendix you will find the words for the selected songs for each morning. Sheet music for the songs can be found in the Resurrection section of the TPC website.

The Blessing: Morning

Think of this portion of the prayer guide as the Lord's benediction over you and the day at hand. Each day it will be the same blessing taken from Numbers 6, the great Aaronic Blessing.

The Song of Simeon: Evening

This passage of Scripture has been traditionally said/prayed at the end of the day. It reminds us that our God has, in particular ways, shown us his salvation in Christ and, because he has, we can lie down in peace knowing that we are safe and secure in our Father's hands.

A Note to Families

This prayer guide can be a great tool for times of family worship. We suggest that those who are able take turns reading each portion (Scripture readings, prayers, etc.). If your kids aren't able to read yet, you could read a line and have them repeat - for example, "Make a joyful noise to the LORD all the earth!" (repeat) "Serve the LORD with gladness!" (repeat), etc. This ensures that everyone is involved in both hearing and speaking the Word of God with one another. During the Prayers of Praise and Thanksgiving and the Prayers of Intercession, you may each say something aloud, no matter how long or short. During the Personal Confession, you can take this opportunity to model confession of sin to one another. In this way, your kids actually see what it means to confess sins and forgive one another. These are just a few ways to use the guide as a family. We encourage you to explore how it might best help your own worship and devotion in your life together.

We trust this prayer guide will be a great blessing to you and our congregation, and that through it we will all grow in our relationship with the Father through the Son and by the Spirit.

The Prayers

Monday Morning

Call to Prayer: Isaiah 12:2

Behold, God is my salvation; I will trust, and will not be afraid; for the LORD GOD is my strength and my song, and he has become my salvation.

Prayers of Praise and Thanksgiving

(This is a time to express gratitude to God for the gift of a new day and for what he has in store for this day)

Readings

Psalm 2

Epistle Reading *(see page 26 for today's Scripture reference)*

Time of Silence

(use this time to reflect on the Scripture passages you just read)

Confession of Faith: Galatians 2:20

I have been crucified with Christ. It is no longer I who live, but Christ who lives in me. And the life I now live in the flesh I live by faith in the Son of God who loved me and gave himself up for me.

Prayers of Intercession for the Day

(In addition to your other prayers, pray for our elders to shepherd this congregation faithfully and our deacons to serve this congregation faithfully.)

The Lord's Prayer

Our Father, who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For Thine is the Kingdom and the power and the glory forever and ever. Amen.

Morning Song: "In Christ Alone" *(see appendix for lyrics)*

Closing Prayer from Philippians 1:9-11

Father, may my love abound more and more, with knowledge and all discernment, so that I may approve what is excellent, and so be pure and blameless for the Day of Christ, filled with the fruit of righteousness that comes through Jesus Christ, to the glory and praise of you.

The Blessing from Corinthians 13:14

The grace of the Lord Jesus Christ and the love of God and the communion of the Holy Spirit be with you.

Monday Midday

Call to Prayer from Psalm 70 & 124

In the name of the Father and of the Son, and of the Holy Spirit. Amen.

O God, make speed to save us. O God, make haste to help us. Our help is in the name of the LORD, for he is the Maker of Heaven and earth.

Reading

Psalm 23

Closing Prayer

O Lord, as I continue to make my way through this day, direct me in all my doings with your most gracious favor that my heart may be set upon your Son by the help of your Spirit. In all my works begun this day, may they continue to your glory through Christ I pray. Amen.

The Blessing from 1 Peter 5:10

May the God of all grace, the One who has called me to his eternal glory, restore, confirm, strengthen and establish me. To him be the dominion forever and ever.

Monday Evening

Call to Prayer: Isaiah 12:3-4

With joy you will draw water from the wells of salvation. And you will say in that day: Give thanks to the LORD, call upon his name, make known his deeds among the peoples, proclaim that his name is exalted.

Confession of Sin: Psalm 38:17-18

For I am ready to fall, and my pain is ever before me. I confess my iniquity; I am sorry for my sin.

Personal Confession

(use this time to confess the ways you've sinned this day)

Song of Confession: "Trisagion" (see appendix for lyrics)

Assurance of Pardon and Comfort from Psalm 38:21-22

The LORD will not forsake me nor be far from me! He will make haste to help me, for he is my salvation.

Readings

Psalm 3

Epistle Reading *(see page 26 for today's Scripture reference)*

Prayers of Intercession for the Night

(In addition to your other prayers, pray for our elders to faithfully shepherd and our deacons to faithfully serve this congregation.)

The Lord's Prayer

Our Father, who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For Thine is the Kingdom and the power and the glory forever and ever. Amen.

Closing Prayer from Philippians 1:9-11

Father, may my love abound more and more, with knowledge and all discernment, so that I may approve what is excellent, and so be pure and blameless for the Day of Christ, filled with the fruit of righteousness that comes through Jesus Christ, to the glory and praise of you.

The Song of Simeon: Luke 2:29-32

Lord, you are now letting your servant depart in peace, according to your word; for my eyes have seen your salvation that you prepared in the presence of all peoples, a light of revelation to the Gentiles, and for glory to your people Israel.

Tuesday Morning

Call to Prayer: Isaiah 12:5-6

Sing praises to the LORD, for he has done gloriously; let this be known in all the earth. Shout for joy, O inhabitant of Zion, for great in your midst is the Holy One of Israel.

Prayers of Praise and Thanksgiving

(This is a time to express gratitude to God for the gift of a new day and for what he has in store for this day)

Readings

Psalm 15

Epistle Reading *(see page 26 for today's Scripture reference)*

Time of Silence

(use this time to reflect on the Scripture passages you just read)

Confession of Faith from Romans 6:3-4

All of us who have been baptized in Christ Jesus were baptized into his death. We were buried therefore with him through baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in the newness of life.

Prayers of Intercession for the Day

(In addition to your other prayers, pray that Trinity would be salt and light to the city of Murfreesboro.)

The Lord's Prayer

Our Father, who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For Thine is the Kingdom and the power and the glory forever and ever. Amen.

Closing Prayer from Colossians 1:9-14

Father, fill me with the knowledge of your will in all spiritual wisdom and understanding, so that I might walk in a manner worthy of the Lord, fully pleasing to him, bearing fruit in every good work and increasing in the knowledge of you. Would you strengthen me with all power according to your glorious might, for all endurance and patience with joy, that I might give thanks to you Father, to you who has qualified me to share in the inheritance of the saints in light? You have delivered me from the domain of darkness and transferred me into the Kingdom of your Beloved Son, in whom I have redemption, the forgiveness of my sins.

Morning Song: "Christ the Lord Is Risen Today" *(see appendix for lyrics)*

The Blessing from 2 Corinthians 13:14

The grace of the Lord Jesus Christ and the love of God and the communion of the Holy Spirit be with you.

Tuesday Midday

Call to Prayer from Psalms 70 & 124

In the name of the Father and of the Son and of the Holy Spirit. Amen.

O God, make speed to save us. O God, make haste to help us. Our help is in the name of the LORD, for he is the Maker of Heaven and earth.

Reading

Psalm 56

Closing Prayer

O Lord, as I continue to make my way through this day, direct me in all my doings with your most gracious favor that my heart may be set upon your Son by the help of your Spirit. In all my works begun this day, may they continue to your glory through Christ I pray. Amen.

The Blessing - from 1 Peter 5:10

May the God of all grace, the One who has called me to his eternal glory, restore, confirm, strengthen, and establish me. To him be the dominion forever and ever.

Tuesday Evening

Call to Prayer from Psalm 61:1-3

Hear my cry, O God, listen to my prayer; from the end of the earth I call to you when my heart is faint. Lead me to the Rock that is higher than I, for you have been my refuge, a strong tower against the enemy.

Confession of Sin: Psalm 32:5

I acknowledged my sin to you, and I did not cover my iniquity; I said, "I will confess my transgressions to the LORD," and you forgave the iniquity of my sin.

Personal Confession

(Use this time to confess the ways you've sinned this day)

Song of Confession: "Kyrie" (see appendix for lyrics)

Assurance of Pardon and Comfort: Psalm 32:1

Blessed is the one whose transgression is forgiven, whose sin is covered. Blessed is the man against whom the LORD counts no iniquity, and in whose spirit there is no deceit.

Readings

Psalm 4

Epistle Reading *(see page 26 for today's Scripture reference)*

Prayers of Intercession for the Night

(In addition to your other prayers, pray that Trinity would be salt and light to the city of Murfreesboro.)

The Lord's Prayer

Our Father, who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For Thine is the Kingdom and the power and the glory forever and ever. Amen.

Closing Prayer from Colossians 1:9-14

Father, fill me with the knowledge of your will in all spiritual wisdom and understanding, so that I might walk in a manner worthy of the Lord, fully pleasing to him, bearing fruit in every good work, and increasing in the knowledge of you. Would you strengthen me with all power according to your glorious might, for all endurance and patience with joy, that I might give thanks to you Father, to you who has qualified me to share in the inheritance of the saints in light? You have delivered me from the domain of darkness and transferred me into the Kingdom of your Beloved Son, in whom I have redemption, the forgiveness of my sins.

The Song of Simeon: Luke 2:29-32

Lord, you are now letting your servant depart in peace, according to your word; for my eyes have seen your salvation that you prepared in the presence of all peoples, a light of revelation to the Gentiles, and for glory to your people Israel.

Wednesday Morning

Call to Prayer: Psalm 98:1-3

O sing to the LORD a new song, for he has done marvelous things! His right hand and his holy arm have worked salvation for him. The LORD has made known his salvation; he has revealed his righteousness in the sight of the nations. He has remembered his steadfast love and faithfulness to the house of Israel. All the ends of the earth have seen the salvation of our God.

Prayers of Praise and Thanksgiving

(This is a time to express gratitude to God for the gift of a new day and for what he has in store for this day.)

Readings

Psalm 16

Epistle Reading *(see page 26 for today's Scripture reference)*

Time of Silence

(use this time to reflect on the Scripture passages you just read)

Confession of Faith: Romans 1:16-17

I am not ashamed of the gospel, for it is the power of God for salvation to everyone who believes, to the Jew first and also to the Greek. For in it the righteousness of God is revealed from faith for faith, as it is written, "The righteous shall live by faith."

Prayers of Intercession for the Day

(In addition to your other prayers, pray for friends and family who do not know Jesus, and ask that God would give you an opportunity to show them the love of Jesus.)

The Lord's Prayer

Our Father, who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For Thine is the Kingdom and the power and the glory forever and ever. Amen.

Closing Prayer from Ephesians 1:15-23

God of the Lord Jesus Christ, Father of glory, would you give me the Spirit of wisdom and of revelation in the knowledge of you? Would you enlighten the eyes of my heart, that I may know the hope to which you have called me, that I may know the riches of your glorious inheritance, and that I may know your power which is at work toward all who believe? It is this power that raised Jesus from the dead and seated him at your right hand, far above all rule, authority, power, and dominion. He has been given the name that is above every other name. You have put all things under Jesus' feet, and you have given him as head over all things to the Church, which is his body, the fullness of him who fills all in all. Amen.

Morning Song: "How Deep the Father's Love for Us" *(see appendix for lyrics)*

The Blessing from 2 Corinthians 13:14

The grace of the Lord Jesus Christ and the love of God and the communion of the Holy Spirit be with you.

Wednesday Midday

Call to Prayer from Psalms 70 & 124

In the name of the Father and of the Son and of the Holy Spirit. Amen.

O God, make speed to save us. O God, make haste to help us. Our help is in the name of the LORD, for he is the Maker of Heaven and earth.

Reading

Psalm 119:33-40

Closing Prayer

O Lord, as I continue to make my way through this day, direct me in all my doings with your most gracious favor that my heart may be set upon your Son by the help of your Spirit. In all my works begun this day, may they continue to your glory through Christ I pray. Amen.

The Blessing - from 1 Peter 5:10

May the God of all grace, the One who has called me to his eternal glory, restore, confirm, strengthen, and establish me. To him be the dominion forever and ever.

Wednesday Evening

Call to Prayer: Psalm 65:1-4

Praise is due to you, O God, in Zion, and to you shall vows be performed. O you who hear prayer, to you all flesh shall come. When iniquities prevail against me, you atone for our transgressions. Blessed is the one you choose to bring near, to dwell in your courts! We shall be satisfied with the goodness of your house, the holiness of your temple!

Confession of Sin: Psalm 51:1-2

Have mercy on me, O God, according to your steadfast love; according to your abundant mercy blot out my transgressions. Wash me thoroughly from my iniquity, and cleanse me from my sin.

Personal Confession

(use this time to confess the ways you've sinned this day)

Song of Confession: "Lord, Have Mercy" (see appendix for lyrics)

Assurance of Pardon and Comfort: Psalm 51:12-13

Restore to me the joy of your salvation, and uphold me with a willing spirit. Then I will teach transgressors your ways, and sinners will return to you.

Readings

Psalm 12

Epistle Reading *(see page 26 for today's Scripture reference)*

Prayers of Intercession for the Night

(In addition to your other prayers, pray for friends and family who do not know Jesus, and ask that God would give you an opportunity to show them the love of Jesus.)

The Lord's Prayer

Our Father, who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For Thine is the Kingdom and the power and the glory forever and ever. Amen.

Closing Prayer from Ephesians 1:15-23

God of the Lord Jesus Christ, Father of glory, would you give me the Spirit of wisdom and of revelation in the knowledge of you? Would you enlighten the eyes of my heart, that I may know the hope to which you have called me, that I may know the riches of your glorious inheritance, and that I may know your power which is at work toward all who believe? It is this power that raised Jesus from the dead and seated him at your right hand, far above all rule, authority, power, and dominion. He has been given the name that is above every other name. You have put all things under Jesus' feet, and you have given him as head over all things to the Church, which is his body, the fullness of him who fills all in all. Amen.

The Song of Simeon: Luke 2:29-32

Lord, you are now letting your servant depart in peace, according to your word; for my eyes have seen your salvation that you prepared in the presence of all peoples, a light of revelation to the Gentiles, and for glory to your people Israel.

Thursday Morning

Call to Prayer: Ephesians 5:14

Awake, O Sleeper, and arise from the dead, and Christ will shine on you!

Prayers of Praise and Thanksgiving

(This is a time to express gratitude to God for the gift of a new day and for what he has in store for this day.)

Readings

Psalm 42

Epistle Reading *(see page 26 for today's Scripture reference)*

Time of Silence

(use this time to reflect on the Scripture passages you just read)

Confession of Faith from Colossians 3:1-4

If we have been raised with Christ, seek the things that are above, where Christ is, seated at the right hand of God. Let us set our minds on the things that are above, not on things that are on earth. For we have died, and our life is hidden with Christ in God. When Christ who is our life appears, then we also will appear with him in glory.

Prayers of Intercession for the Day

(In addition to your other prayers, pray for our political leaders, that God would grant them wisdom and humility to serve the common good of this nation.)

The Lord's Prayer

Our Father, who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For Thine is the Kingdom and the power and the glory forever and ever. Amen.

Closing Prayer from Ephesians 3:14-20

Father, I bow my knees to you, praying that according to the riches of your glory you would strengthen me with power through your Spirit in my inner being, so that Christ may dwell in my heart through faith – that I, being rooted and grounded in love, may have strength to comprehend with all your saints what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, and that I may be filled with all the fullness of God. Now to you who are able to do far more abundantly than all that I ask or think, according to the power at work within your people, to you be the glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.

Morning Song: "In Christ Alone" *(see appendix for lyrics)*

The Blessing from 2 Corinthians 13:14

The grace of the Lord Jesus Christ and the love of God and the communion of the Holy Spirit be with you.

Thursday Midday

Call to Prayer from Psalms 70 & 124

In the name of the Father and of the Son and of the Holy Spirit. Amen.

O God, make speed to save us. O God, make haste to help us. Our help is in the name of the LORD, for he is the Maker of Heaven and earth.

Reading

Psalm 117

Closing Prayer

O Lord, as I continue to make my way through this day, direct me in all my doings with your most gracious favor that my heart may be set upon your Son by the help of your Spirit. In all my works begun this day, may they continue to your glory through Christ I pray. Amen.

The Blessing - from 1 Peter 5:10

May the God of all grace, the One who has called me to his eternal glory, restore, confirm, strengthen, and establish me. To him be the dominion forever and ever.

Thursday Evening

Call to Prayer: Psalm 116:1-4

I love the LORD, because he has heard my voice and pleas for mercy. Because he inclined his ear to me, therefore I will call on him as long as I live. The snares of death encompassed me, the pangs of Sheol laid hold on me; I suffered distress and anguish. Then I called on the name LORD: “O LORD, I pray, deliver my soul!”

Confession of Sin: Psalm 6:1-3

O LORD, rebuke me not in your anger, nor discipline me in your wrath. Be gracious to me, O LORD, for I am languishing; heal me, O LORD, for my bones are troubled. My soul also is greatly troubled.

Personal Confession

(use this time to confess the ways you've sinned this day)

Song of Confession: “Trisagion” *(see appendix for lyrics)*

Assurance of Pardon and Comfort: 1 John 1:9

If we confess our sins, he is faithful and just to forgive us our sins and cleanse us from all unrighteousness.

Readings

Psalm 43

Epistle Reading *(see page 26 for today's Scripture reference)*

Prayers of Intercession for the Night

(In addition to your other prayers, pray for our political leaders, that God would grant them wisdom and humility to serve the common good of this nation.)

The Lord's Prayer

Our Father, who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For Thine is the Kingdom and the power and the glory forever and ever. Amen.

Closing Prayer from Ephesians 3:14-20

Father, I bow my knees to you, praying that according to the riches of your glory you would strengthen me with power through your Spirit in my inner being, so that Christ may dwell in my heart through faith – that I, being rooted and grounded in love may have strength to comprehend with all your saints what is the breadth and length and height and depth and know the love of Christ that surpasses knowledge, that I may be filled with all the fullness of God. Now to you who are able to do far more abundantly than all that I ask or think, according to the power at work within your people, to you be the glory in the church and in Christ Jesus throughout all generations, forever and ever. Amen.

The Song of Simeon: Luke 2:29-32

Lord, you are now letting your servant depart in peace, according to your word; for my eyes have seen your salvation that you prepared in the presence of all peoples, a light of revelation to the Gentiles, and for glory to your people Israel.

Friday Morning

Call to Prayer: Psalm 96:1-6

O sing to the LORD a new song; sing to the LORD all the earth! Sing to the LORD, bless his name; tell of his salvation from day to day. Declare his glory among the nations, his marvelous works among the peoples! For great is the LORD and greatly to be praised; he is to be feared above all gods. For the gods of the peoples are worthless idols, but the LORD made the heavens. Splendor and majesty are before him; strength and beauty are in his sanctuary.

Prayers of Praise and Thanksgiving

(This is a time to express gratitude to God for the gift of a new day and for what he has in store for this day.)

Readings

Psalm 65

Epistle Reading *(see page 26 for today's Scripture reference)*

Time of Silence

(use this time to reflect on the Scripture passages you just read)

Confession of Faith from Colossians 1:15-20

Jesus is the image of the invisible God, the firstborn of all creation. For by him all things were created, in heaven and on earth, visible and invisible, whether thrones or dominions or rulers or authorities - all things were created through him and for him. And he is before all things, and in him all things hold together. And he is the head of the body, the church. He is the beginning, the firstborn from the dead, that in everything he might be preeminent. For in him all the fullness of God was pleased to dwell, and through him to reconcile all things, whether on earth or in heaven, making peace by the blood of his cross.

Prayer of Intercession for the Day

(In addition to your other prayers, pray for our local and global partners in missions - see the back cover for a list of our ministry partners.)

The Lord's Prayer:

Our Father, who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For Thine is the Kingdom and the power and the glory forever and ever. Amen.

Closing Prayer from Romans 13:13

O God of hope, fill me with all joy and peace in believing, so that by the power of the Holy Spirit I may abound in hope.

Morning Song: "Christ the Lord Is Risen Today" *(see appendix for lyrics)*

The Blessing from 2 Corinthians 13:14

The grace of the Lord Jesus Christ and the love of God and the communion of the Holy Spirit be with you.

Friday Midday

Call to Prayer from Psalms 70 & 124

In the name of the Father and of the Son and of the Holy Spirit. Amen.

O God, make speed to save us. O God, make haste to help us. Our help is in the name of the LORD, for he is the Maker of Heaven and earth.

Reading

Psalm 121

Closing Prayer

O Lord, as I continue to make my way through this day, direct me in all my doings with your most gracious favor that my heart may be set upon your Son by the help of your Spirit. In all my works begun this day, may they continue to your glory through Christ I pray. Amen.

The Blessing - from 1 Peter 5:10

May the God of all grace, the One who has called me to his eternal glory, restore, confirm, strengthen, and establish me. To him be the dominion forever and ever.

Friday Evening

Call to Prayer: Psalm 99:1-3

The LORD reigns; let the peoples tremble! He sits enthroned upon the cherubim; let the earth quake! The LORD is great in Zion; he is exalted over all the peoples. Let them praise your great and awesome name! Holy is he!

Confession of Sin: Psalm 51:3-5

For I know my transgressions, and my sin is ever before me. Against you, you only, have I sinned and done what was evil in your sight, so that you may be justified in your words and blameless in your judgment. Behold, I was brought forth in iniquity, and in sin did my mother conceive me.

Personal Confession

(use this time to confess the ways you've sinned this day)

Song of Confession: "Kyrie" (see appendix for lyrics)

Assurance of Pardon and Comfort: Galatians 3:13

Christ redeemed us from the curse of the Law by becoming a curse for us – for it is written, “Cursed be everyone who is hanged on a tree.”

Readings

Psalm 67

Epistle Reading *(see page 26 for today's Scripture reference)*

Prayers of Intercession for the Night

(In addition to your other prayers, pray for our local and global partners in missions - see the back cover for a list of our ministry partners.)

The Lord's Prayer

Our Father, who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For Thine is the Kingdom and the power and the glory forever and ever. Amen.

Closing Prayer from Romans 13:13

O God of hope, fill me with all joy and peace in believing, so that by the power of the Holy Spirit I may abound in hope.

The Song of Simeon: Luke 2:29-32

Lord, you are now letting your servant depart in peace, according to your word; for my eyes have seen your salvation that you prepared in the presence of all peoples, a light of revelation to the Gentiles, and for glory to your people Israel.

Saturday Morning

Call to Prayer: Psalm 118:24-26

This is the day that the LORD has made; let us rejoice and be glad in it. Save us, we pray, O LORD! O LORD, we pray, give us success! Blessed is he who comes in the name of the LORD! We bless you from the house of the LORD.

Prayers of Praise and Thanksgiving

(This is a time to express gratitude to God for the gift of a new day and for what he has in store for this day.)

Readings

Psalm 87

Epistle Reading *(see page 26 for today's Scripture reference)*

Time of Silence

(use this time to reflect on the Scripture passages you just read)

Confession of Faith from Philippians 2:6-11

Our Lord Jesus, although he was in the form of God, did not count equality with God a thing to be grasped, but emptied himself, by taking the form of a servant, being born in the likeness of men. And being found in human form, he humbled himself by becoming obedient to the point of death, even death on a cross. Therefore God has highly exalted him and bestowed on him the name that is above every name, so that at the name of Jesus every knee should bow, in heaven and earth and under the earth, and every tongue confess that Jesus Christ is Lord, to the glory of God the Father.

Prayers of Intercession for the Day

(In addition to your other prayers, especially ask the Lord to prepare his people for corporate worship and that his name would be praised and his word would accomplish his work in the lives of his people.)

The Lord's Prayer

Our Father, who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For Thine is the Kingdom and the power and the glory forever and ever. Amen.

Closing Prayer from 1 Thessalonians 3:11-13

May the Lord Jesus make us increase and abound in love for one another and for all, so that he may establish our hearts blameless in holiness before our God and Father, at the coming of our Lord Jesus with all his saints.

Morning Song: "How Deep the Father's Love for Us" *(see appendix for lyrics)*

The Blessing from 2 Corinthians 13:14

The grace of the Lord Jesus Christ and the love of God and the communion of the Holy Spirit be with you.

Saturday Midday

Call to Prayer from Psalms 70 & 124

In the name of the Father and of the Son and of the Holy Spirit. Amen.

O God, make speed to save us. O God, make haste to help us. Our help is in the name of the LORD, for he is the Maker of Heaven and earth.

Reading

Psalm 150

Closing Prayer

O Lord, as I continue to make my way through this day, direct me in all my doings with your most gracious favor that my heart may be set upon your Son by the help of your Spirit. In all my works begun this day, may they continue to your glory through Christ I pray. Amen.

The Blessing - from 1 Peter 5:10

May the God of all grace, the One who has called me to his eternal glory, restore, confirm, strengthen, and establish me. To him be the dominion forever and ever.

Saturday Evening

Call to Prayer: Psalm 142:1-2

With my voice I cry to the LORD; with my voice I plead for the mercy of the LORD. I pour out my complaint before him; I tell my trouble before him.

Confession of Sin: Psalm 25:11

For your name's sake, O LORD, pardon my guilt, for it is great.

Personal Confession

(use this time to confess the ways you've sinned this day)

Song of Confession: "Lord, Have Mercy" (see appendix for lyrics)

Assurance of Pardon and Comfort – Psalm 25:14-15

The friendship of the LORD is for those who fear him, and he makes known to them his covenant. My eyes are ever toward the LORD, for he will pluck my feet out of the net.

Readings

Psalm 73

Epistle Reading *(see page 26 for today's Scripture reference)*

Prayers of Intercession for the Night

(In addition to your other prayers, especially ask the Lord to prepare his people for corporate worship and that his name would be praised and his word would accomplish his work in the lives of his people)

The Lord's Prayer

Our Father, who art in heaven, hallowed be Thy Name. Thy Kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread. Forgive us our sins, as we forgive those who sin against us. Lead us not into temptation, but deliver us from evil. For Thine is the Kingdom and the power and the glory forever and ever. Amen.

Closing Prayer from 1 Thessalonians 3:11-13

May the Lord Jesus make us increase and abound in love for one another and for all, so that he may establish our hearts blameless in holiness before our God and Father, at the coming of our Lord Jesus with all his saints.

The Song of Simeon: Luke 2:29-32

Lord, you are now letting your servant depart in peace, according to your word; for my eyes have seen your salvation that you prepared in the presence of all peoples, a light of revelation to the Gentiles, and for glory to your people Israel.

Readings in Paul's Epistle Letters

(You will read each listed passage twice daily.)

April 12
Ephesians 1:1-10

April 29
Philippians 1:12-18

May 17
Colossians 3:1-11

April 13
Ephesians 1:11-23

April 30
Philippians 1:19-30

May 18
Colossians 3:12-17

April 14
Ephesians 2:1-10

May 1
Philippians 2:1-11

May 19
Colossians 3:18-4:6

April 15
Ephesians 2:11-22

May 3
Philippians 2:12-18

May 20
Colossians 4:7-18

April 16
Ephesians 3:1-13

May 4
Philippians 2:19-24

May 21
Philemon 1-7

April 17
Ephesians 3:14-21

May 5
Philippians 2:25-30

May 22
Philemon 8-25

April 19
Ephesians 4:1-16

May 6
Philippians 3:1-11

April 20
Ephesians 4:17-24

May 7
Philippians 3:12-21

April 21
Ephesians 4:25-32

May 8
Philippians 4:1-9

April 22
Ephesians 5:1-14

May 10
Philippians 4:10-23

April 23
Ephesians 5:15-20

May 11
Colossians 1:1-14

April 24
Ephesians 5:21-33

May 12
Colossians 1:15-29

April 26
Ephesians 6:1-9

May 13
Colossians 2:1-7

April 27
Ephesians 6:10-24

May 14
Colossians 2:8-15

April 28
Philippians 1:1-11

May 15
Colossians 2:16-23

Appendix

Morning Songs

In Christ Alone

In Christ alone my hope is found,
He is my light, my strength, my song;
this cornerstone, this solid ground,
firm through the fiercest drought and storm.
What heights of love, what depths of peace
when fears are stilled, when strivings cease!
My comforter, my All in All,
here in the love of Christ I stand.

In Christ alone! Who took on flesh,
fullness of God in helpless babe!
This gift of love and righteousness,
scorned by the ones He came to save.
Till on that cross, as Jesus died,
the wrath of God was satisfied,
my ev'ry sin on Him was laid,
here in the death of Christ I live.

There in the ground His body lay,
Light of the world by darkness slain;
then bursting forth in glorious day
up from the grave He rose again!
And as He stands in victory,
sin's curse has lost its grip on me,
for I am His and He is mine,
bought with the precious blood of Christ.

No guilt in life, no fear in death,
this is the pow'r of Christ in me;
from life's first cry to final breath,
Jesus commands my destiny.
No pow'r of hell, no scheme of man
can ever pluck me from His hand;
till He returns or calls me home,
here in the pow'r of Christ I'll stand.

Christ the Lord Is Risen Today

"Christ the Lord is ris'n today," Alleluia!
sons of men and angels say; Alleluia!
Raise your joys and triumphs high; Alleluia!
Sing ye heav'ns and earth, reply. Alleluia!

Vain the stone, the watch, the seal; Alleluia!
Christ has burst the gates of hell; Alleluia!
Death in vain forbids his rise; Alleluia!
Christ has opened paradise. Alleluia!

Lives again our glorious King; Alleluia!
Where, O death, is now thy sting? Alleluia!
Once he died, our souls to save; Alleluia!
Where thy victory, O grave? Alleluia!

Soar we now where Christ has led, Alleluia!
Foll'wing our exalted Head; Alleluia!
Made like him, like him we rise; Alleluia!
Ours the cross, the grave, the skies, Alleluia!

Hail, the Lord of earth and heav'n! Alleluia!
Praise to thee by both be giv'n; Alleluia!
Thee we greet triumphant now; Alleluia!
Hail, the Resurrection, thou! Alleluia!

How Deep the Father's Love for Us

How deep the Father's love for us,
how vast beyond all measure,
that He should give His only Son
to make a wretch His treasure.
How great the pain of searing loss,
the Father turns His face away,
as wounds which mar the Chosen One
bring many sons to glory.

Behold the man upon the cross,
my sin upon His shoulders,
ashamed, I hear my mocking voice
call out among the scoffers.
It was my sin that held Him there,
until it was accomplished;
His dying breath has brought me life,
I know that it is finished.

I will not boast in anything,
no gifts, no pow'r, no wisdom;
but I will boast in Jesus Christ,
His death and resurrection.
Why should I gain from His reward?
I cannot give an answer,
but this I know with all my heart,
His wounds have paid my ransom.

Songs of Confession

Trisagion

Holy God,
Holy and Mighty,
Holy, Immortal One,
Have mercy, Have mercy, on us.

Kyrie

(In Greek meaning: "Lord have mercy! Lord have mercy! Christ have mercy! Lord have mercy!")

Kyrie, Eleison!
Kyrie, Elieison!
Christe, Eleison!
Kyrie, Eleison!

Lord Have Mercy

Lord, have mercy;
Christ have mercy;
Lord have mercy on me;
Lord, have mercy;
Christ have mercy;
Lord have mercy on me.

A Scripture Guide for Praying the Lord's Prayer

Adapted from the Westminster Larger Catechism and based on the Lord's Prayer

Our Father who art in heaven - Let us rejoice that we are children of God, that we may draw near to God as our loving Father and beseech Him on behalf of ourselves and others, knowing that all are in absolute dependence upon His sovereign care.

See what kind of love the Father has given to us, that we should be called children of God; and so we are. (1 John 3:1)

...having the eyes of your hearts enlightened, that you may know what is the hope to which he has called you, what are the riches of his glorious inheritance in the saints... (Ephesians 1:18)

And because you are sons, God has sent the Spirit of his Son into our hearts, crying, "Abba! Father!" (Galatians 4:6)

For from him and through him and to him are all things. To him be glory forever. Amen. (Romans 11:36)

Hallowed be thy name - Let us respect our Father as we call upon Him, having hearts which yearn to glorify Him in our thoughts, words, and actions.

but as he who called you is holy, you also be holy in all your conduct, since it is written, "You shall be holy, for I am holy." (1 Peter 1:15-16)

...he disciplines us for our good, that we may share his holiness. (Hebrews 12:10)

...so as to walk in a manner worthy of the Lord, fully pleasing to him... (Colossians 1:10a)

Thy kingdom come - Let us pray that through the propagation of the gospel, all God's children (both Jew and Gentile) are brought into His church. Let us pray that Christ's church is sustained in society by civil governing authorities and nurtured by His Word and Spirit through faithful officers who purely dispense the ordinances of Christ. Let us pray for the hastening of Christ's return and our reigning with Him forever in a kingdom where death, sin, and Satan are destroyed.

I do not want you to be unaware of this mystery, brothers: a partial hardening has come upon Israel, until the fullness of the Gentiles has come in. And in this way all Israel will be saved... (Romans 11:25-26)

First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people, for kings and all who are in high positions, that we may lead a peaceful and quiet life, godly and dignified in every way. (1 Timothy 2:1-2)

To this end we always pray for you, that our God may make you worthy of his calling and may fulfill every resolve for good and every work of faith by his power, so that the name of our Lord Jesus may be glorified in you, and you in him, according to the grace of our God and the Lord Jesus Christ. (2 Thessalonians 1:11-12)

And I heard a loud voice in heaven, saying, "Now the salvation and the power and the kingdom of our God and the authority of his Christ have come, for the accuser of our brothers has been thrown down, who accuses them day and night before our God. And they have conquered him by the blood of the Lamb and by the word of their testimony... (Revelation 12:10-11)

Thy will be done on earth as it is in heaven - Let us pray that God's grace softens our hard hearts and makes us able and willing to know, do, and submit to His will in all things.

Blessed are those whose way is blameless, who walk in the law of the LORD! (Psalm 119:1)

Blessed are those who keep his testimonies, who seek him with their whole heart, who also do no wrong, but walk in his ways! (Psalm 119:1-3)

I appeal to you therefore, brothers, by the mercies of God, to present your bodies as a living sacrifice, holy and acceptable to God, which is your spiritual worship. Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect. (Romans 12:1-2)

Give us this day our daily bread - Let us pray that God sustains our temporal needs as His Fatherly wisdom sees fit, and that we do not seek to use them unlawfully or place our dependence upon our own ingenuity in acquiring those blessings.

...do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. (Philippians 4:6)

You ask and do not receive, because you ask wrongly, to spend it on your passions. (James 4:3)

But godliness with contentment is great gain, for we brought nothing into the world, and we cannot take anything out of the world. But if we have food and clothing, with these we will be content. (1 Timothy 6:6-8)

Forgive us our sins as we forgive those who sin against us - Let us pray for the grace of God's forgiveness, for ourselves and others, recognizing that all of us are sinners who owe a debt to God's justice we cannot pay. Only God, through the obedience and satisfaction of Christ, acquits us and accepts us in the Beloved. Let us pray that we are filled with God's peace and joy, knowing that He pardons our daily failings and gives us assurance of forgiveness evidenced in our willingness to forgive others.

Now we know that whatever the law says it speaks to those who are under the law, so that every mouth may be stopped, and the whole world may be held accountable to God... for all have sinned and fall short of the glory of God...(Romans 3:19, 23)

...and are justified by his grace as a gift, through the redemption that is in Christ Jesus, whom God put forward as a propitiation by his blood, to be received by faith. (Romans 3:24-25)

Purge me with hyssop, and I shall be clean; wash me, and I shall be whiter than snow. (Psalm 51:7)

And in anger his master delivered him to the jailers until he should pay all his debt. So also my heavenly Father will do to every one of you, if you do not forgive your brother from your heart." (Matthew 18:34-35)

Lead us not into temptation but deliver us from evil - Let us pray that God so overrules the sinfulness of our flesh and the power of the world and Satan that we are kept from being tempted to sin. Let us pray that when we are tempted, God powerfully enables us to stand in that time of temptation. Let us pray that when we do fall God raises us to recovery and uses our fall for our sanctification, that our salvation may be perfected. And let us pray for the day when we may be fully freed from sin and evil forever. For God's **is the kingdom and the power and the glory forever.**

I do not ask that you take them out of the world, but that you keep them from the evil one. (John 17:15)

Create in me a clean heart, O God, and renew a right spirit within me. (Psalm 51:10)

Be sober-minded; be watchful. Your adversary the devil prowls around like a roaring lion, seeking someone to devour. Resist him, firm in your faith, knowing that the same kinds of suffering are being experienced by your brotherhood throughout the world. And after you have suffered a little while, the God of all grace, who has called you to his eternal glory in Christ, will himself restore, confirm, strengthen, and establish you. (1 Peter 5:8-10)

* For further inquiry on praying for specific needs or areas of concern we encourage you to speak with an elder or the ministry leader of that area.

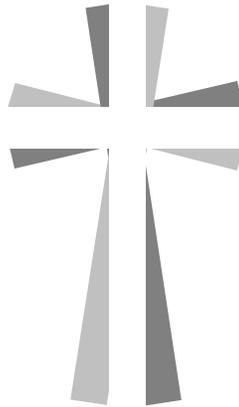
Ministry Partners

Serving Our City: Local Ministries
RUF (Reformed University Fellowship) at
MTSU

English Language Learning
Special Kids of Murfreesboro
Portico of Murfreesboro
Doors of Hope
Greenhouse Ministries
Harvest USA

Serving the World: Missionaries

Tom and Catalina Nachtergaele
Pete and Ruth Mitchell
Nate and Nikki Bonham
Bethany Ferguson
Ross and Aislinn Meyer
Rob and Claudia Holmes



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