

The Blessed Forgiven Life

Psalms 32

1. _____ is promised to the _____ life. 1-2
2. Crushing _____ accompanies _____ sin and hypocrisy. 3-4
3. _____ is extended when we come in _____ and brokenness. 5
4. Those _____ to be restored find _____ and comfort. 6-7
5. Loving _____ comes upon the _____. 8-9
6. _____ and righteousness are gifts of God's love to those who _____. Him. 10-11

Discussion / Reflection

Be as honest and vulnerable as you can – which of these truths have you learned or seen in your own Christian experience? What “lesson’s learned” has God taught you in the realm of confession, repentance, and forgiveness? How does forgiveness produce blessing and joy?

Read through all of Ps 51. What does it highlight about the heart of repentance and confession?

What are ways that we might nurture mask-wearing and hypocrisy at work? At church? At small group? etc. What is God’s attitude towards this struggle?

What are some of the ways that we hide or minimize sin to God? To others? To ourselves? How should we think about honest confession according to these verses (Prov 28:13; 1 John 1:9)

Explain this idea: “If we cover our sins they remain uncovered, but if we uncover our sins, God covers them.” Why does God work this way?

How can we nurture relationships and ministry so that reaching out for help and confession of sin are normal and as easy as possible for folks?

Explain how God’s “heavy hand” (4) was a blessing? What additional truth do you learn about divine discipline from Heb 12:5-12? Is discipline always the reason for trials? What are other possible sources of suffering in life – why is that important to remember as we bear with one another?

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Psalm 32:1-11

Intro

- Maskil – a teaching Psalm looking back and fulfilling Ps 51:13

6 Lessons on forgiveness from one who knows

1. Blessedness is promised to the cleansed life 1-2

- a. "Transgression" (rebellion) carried
- b. "Sin" (falling short) covered
- c. "Iniquity" (twistedness) canceled
Joy, freedom, liberation, forgiveness, blessing, cleansing power it belongs to the person who is honest with God!

2. Crushing misery accompanies unconfessed sin and hypocrisy 3-4

- a. Misery was secretive and hypocritical.
- b. Misery was exhausting and constant Prov 13:15.
- c. Misery was divinely ordered.

3. Mercy is extended when we come in confession and brokenness 5

- Ps 51 :17; 1 John 1:9
- a. "Acknowledge" We make known our sin to God – in clear biblical language.
- b. "Do not hide" Prov 28:13a
When we cover our sin, God wears us ragged. But when we uncover our sin in humility, God covers it by his mercy.
- c. "Confession" – we agree with God about our sin. Prov 28:13b

4. Those urgent to be restored find protection and comfort 6-7

We go to the Lord in a way that is urgent not casual or presumptuous. Both certainty and urgency in vs 6.

Provision, protection care vs 7 But David's trust was personal "YOU" not self Prov 3:5.

5. Loving discipline comes upon the stubborn 8-9

6. Gladness / righteousness are gifts of God's love to those who trust him 10-11

Conclusion

- Come to **honestly**... but **COME** to him for renewal forgiveness and restoration!