



“Martha, Martha”

Luke 10:38-42

SERMON NOTES

Record your insights and observations from this week’s sermon:

A WORD FROM MIKE...

During this series of sermons on Luke, we are looking at what it really means to be a disciple of Jesus. What is a disciple? A disciple is a mature, reproducing follower of Jesus. Here at UPC, we’ve gone further and defined a disciple as someone who displays nine traits. We call them “Nine Marks of a Transformed Life.” Each week in this sermon series, we study one of these Nine Marks. Remember that no one masters these nine characteristics in this life. We are always growing and maturing; the process of sanctification never ends this side of heaven. However, by God’s grace and through the work of the Holy Spirit it is possible to be a disciple of Jesus. The Nine Marks of a Transformed Life are:

1. Enjoys God in worship
2. Engages in God’s Word (the Bible) through study & prayer
3. Lives by God’s promises
4. Applies the gospel of grace in relationships
5. Invests time & energy in a small group of friends
6. Fulfills his/her church membership vows
7. Exercises his/her gifts & passions in all of life
8. Practices Biblical principles of financial stewardship
9. Shares his/her faith in word and deed



KNOWING GOD

a) Read Luke 10:38-42. In this passage, Luke recounts a very brief episode in the life of Jesus. Why do you think God considered this story so important that he put it in the Scriptures?

b) Considering the cultural standards of Jesus’ day, what was astonishing about the way he treated Mary?

c) What was “better” (vs. 42) about Mary’s behavior compared to Martha’s?

d) What do you learn about Jesus’ character from this episode?



GROWING TOGETHER

a) What stresses you out? Where in your life do you feel overburdened?

b) Someone has said that “Martha wished to hear Jesus but was prevented from doing so by the pressure of providing hospitality.” In your life, are there pressures that are keeping you from attending to more important things? Identify them.

c) Martha tends to get a lot of criticism because of this story. What do you find commendable about her?



SERVING OTHERS

a) When does “serving others” become an obstacle to sitting at Jesus’ feet?

b) What can our church do to help people not get overextended?

c) Do you know a “Martha” who needs a little relief from the pressures and duties of life? What might you do to serve that person and lighten his or her load?
