



BEHOLD HIS GLORY

“God Is Good”

Psalm 145

We have come to the end of our brief journey through some of the attributes of God. We have learned about God’s glory, holiness, grace, justice, beauty, and power. This week let’s talk about his goodness.

You may have grown up saying the table blessing, “God is great, God is good; let us thank him for this food.” The word “good” is so common that you might overlook the richness of God’s goodness. But this attribute of God is an inexhaustible source of comfort and praise.

As you think about and study God’s goodness in Psalm 145, behold his glory once more.



KNOWING GOD

Read Psalm 145. What repeated words and phrases stand out to you in this psalm, and how do they speak to you personally?

What actions and qualities of God are included in his attribute of goodness?

If, as this psalm teaches, God is good, how do you explain human suffering?



GROWING TOGETHER

How have you witnessed God's goodness lately?

Psalm 145 says that our spontaneous response to God's goodness should be praise. In what way(s) do you enjoy praising God?

Verse 19 says, “He fulfills the desires of those who fear him.” Share about one desire that you are looking to God to fulfill. Allow someone to pray for you.



SERVING OTHERS

Verse 4 says, “One generation will commend your works to another; they will tell of your mighty acts.” It’s so important that UPC be a church that provides opportunities for intergenerational love and communication. What are you doing to serve people who are in a life stage different from yours? Is there an opportunity for you to grow in this area?

Verse 14 says that “The Lord upholds all those who fall and lifts up all who are bowed down.” He usually does this as his people minister care to one another. Is there someone you know who is experiencing sadness, loss, confusion, or loneliness? What can you do this week to “lift up” that person?



IN YOUR FAMILY...

- a) Discuss: How has God been good to your family?
- b) Praise and worship ought to be practiced throughout the week at home, not just at church on Sunday morning (see vs. 2). Does your family have a worship routine? What steps can you take this week to turn your home into a place of praise?

SERMON NOTES