

# Mumble, Grumble

## Lesson 6 - Exodus 15:22-16:36

<b>Lesson Aim</b>	To help kids understand that <b>God wants us to be connected to him and trust him for our daily needs.</b>
<b>Memory Verse</b>	<b>Matthew 6:11</b> - "Give us this day our daily bread."  Explain connection to the Lord's Prayer.
<b>This week's story</b>	Exodus 15:22-16:36 - "One Nation of Whiners"
<b>Main takeaways</b>	<p>God was changing the Israelites into people who trusted, obeyed, and relied on him. Out in the desert, away from the fake gods of Egypt was the perfect place to do that.</p> <p>Out of all the nations on earth, God chose the Israelites to be his special people. Now it was time for the Israelites to show God that he was their special God by learning to love him, remembering that he was with them, and honoring his rules every day.</p> <p><b>God wanted them to be connected to him and trust him for their daily needs.</b> He very much wants to have that same kind of special connection with us.</p>
<b>Potential questions</b>	<ul style="list-style-type: none"><li>• Tell about some of the great miracles God did for the people of Israel in the Bible. If God did great miracles like that for you, how long do you think you'd remember them?</li><li>• Earlier, Moses didn't want to lead these people. Why do you think Moses wouldn't want such a big job?</li><li>• What could the people have done rather than complaining?</li><li>• Thinking about all that happened to the Israelites, what do you think God wanted them to learn?</li></ul>

<b>Suggested Activity (Toddlers/Preschool)</b>	<ul style="list-style-type: none"> <li>• <b>Thankful Hearts</b> - Explain that God wants us to have hearts that thank Him for the good things He has done for us. When we grumble and complain it shows that we are ungrateful for His gifts. Using the heart template, invite the kids to cut them out and write out the things they are thankful to God for.</li> </ul>
<b>Suggested Activity (K-2<sup>nd</sup> grades)</b>	<ul style="list-style-type: none"> <li>• <b>Manna Pot Activity &amp; Examen</b> (see attachment with instructions)</li> <li>• <b>Thankful Hearts</b> - See Toddlers</li> </ul>
<b>Suggested Activity (3<sup>rd</sup>-5<sup>th</sup> grades)</b>	<ul style="list-style-type: none"> <li>• <b>Manna Pot Activity &amp; Examen</b> (see attachment with instructions)</li> </ul>

Additional resource: "God Gives Manna to Eat" -

[https://freesundayschoolcurriculum.weebly.com/uploads/1/2/5/0/12503916/lesson\\_37\\_god\\_give\\_manna\\_to\\_eat.pdf](https://freesundayschoolcurriculum.weebly.com/uploads/1/2/5/0/12503916/lesson_37_god_give_manna_to_eat.pdf)



**actually very easy to assemble. Let's work on each step together.**

- ✓ Cut out the Manna Pot pieces, the base, and the Manna Pot tag.
- ✓ Fold the base in half the long way in order to cut a slit on the line marked at the center. Then unfold and flatten the base.
- ✓ Fold in the long tabs on the two Manna Pot pieces. Rub glue on the tabs, and stick the halves together to form a pocket.
- ✓ Stick the narrow tabs of the Manna Pot through the slit in the base. Fold the tabs back, and glue them to the back of the base.
- ✓ Write your name on the Manna Pot tag. Fold the tag in half; then unfold and glue it to the back of the base, so it covers the base tabs of the Manna Pot.

When everyone has assembled Manna Pots, say: **Now tuck your pieces of yarn from our previous activity inside your little Manna Pots. They'll remind you that ★ God wants you to be connected to him and trust him for your daily needs.**

## **CLOSING**

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### **Examen**

Say: **Checking in with God at the end of the day is an ancient practice in Christianity called *examen*. I'll show you how you can use these little Manna Pots you've made to join Christians over the centuries in practicing the ancient discipline of *examen*.**

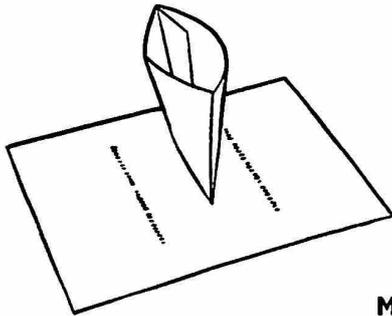
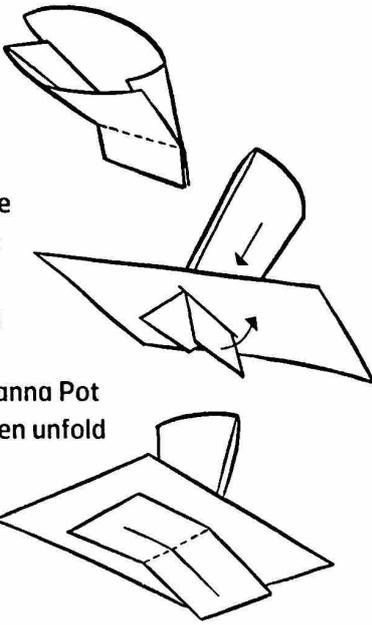
**You probably recognize the two phrases printed next to the Manna Pot as similar to the ones we completed when we held the pieces of yarn. So you've already practiced how simple this is!**

**Place your little Manna Pot by your bedside. Before you say your prayers at night, finish the phrases written on your Manna Pot. You could do this with your mom or dad or all by yourself. It would even be cool for your whole family to do it together! It's just a quick way to check on how you're ★ *connected to God and depend on him to take care of your daily needs!***

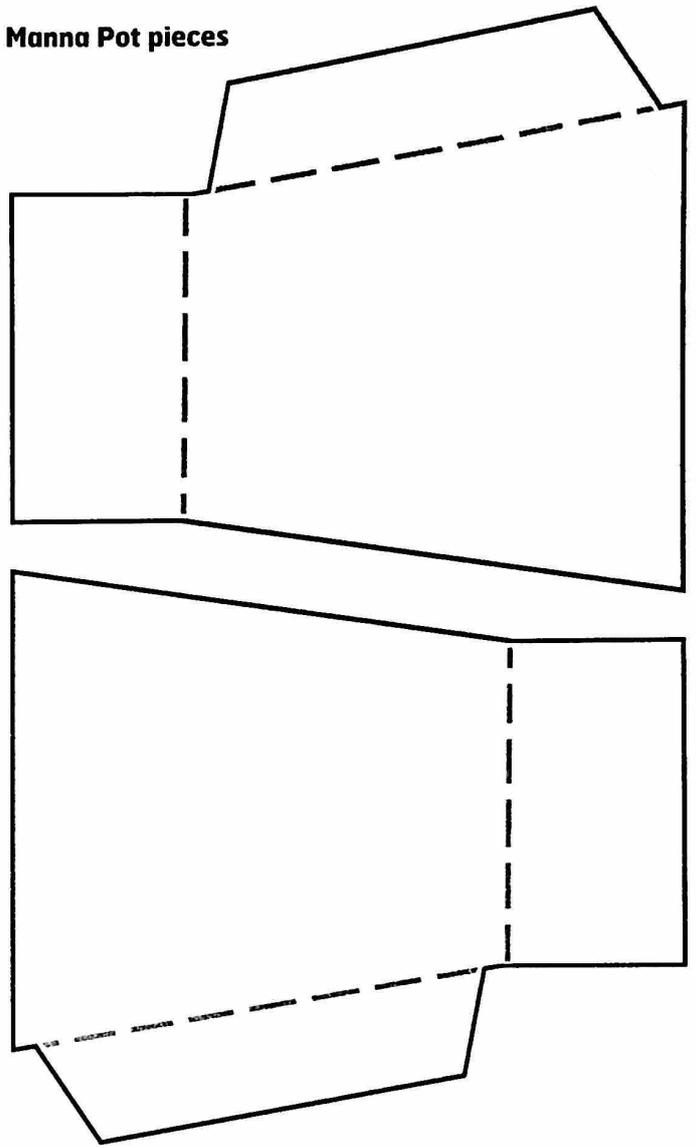
**Tell me how you'll use this to explain to your families that God takes care of us. Allow time for kids' responses; then say: **Good job! I'll see you next time!****

# Manna Pot

1. Cut out the Manna Pot pieces, the base, and the tag.
2. Fold the base in half lengthwise in order to cut the slit on the line marked at the center. Then unfold and flatten the base.
3. Fold in the long tabs on the two Manna Pot pieces. Rub glue stick on the tabs, and stick the two halves together to form a pocket.
4. Stick the narrow tabs of the Manna Pot through the slit in the base. Fold the tabs back, and glue them to the back of the base.
5. Write your name on the Manna Pot tag. Fold the tag in half; then unfold and glue it to the back of the base, so it covers the base tabs of the Manna Pot.



Manna Pot pieces



Manna Pot base

I showed my love for God today when...

I knew that God was with me today when...

Manna Pot tag

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MANNA POT