

How to Take a Prayer Walk

So you're going to take a prayer walk... exciting! God can use prayer walks to bless a neighborhood and work in the lives of the neighbors who live right around you.

What Is Prayer Walking?

Prayer walking is exactly what the words imply: walking and praying. It's not too complicated. Simply walk and pray for the people and the homes that you see. You might pray things like:

- God's protection and blessing
- Their salvation and open doors to share the Gospel with them
- Marriages and the relationships between parents and kids
- Health and happiness
- That God would have His way and Satan would be frustrated

When you see and hear things, let those things be prompts for how God might be directing you to pray. For example, you might hear children laughing and pray that God would show Himself even to the young people of the area.

Five Things to Remember When Prayer Walking

1. Get Focused.

If you prayer walk with someone, don't get distracted by conversation with each other. Decide ahead of time if you would like to pray together or each of you pray silently as you walk.

2. Be sensitive to the Holy Spirit.

Just as your five senses gather information from your surroundings, remember to keep your heart open to what the Holy Spirit is telling you as well. Perhaps you feel impressed to stop and talk to someone or to go down a new street. Listen to and obey the promptings of the Holy Spirit as you go.

3. Be open to conversations.

You may encounter someone who needs prayer or is willing to engage in a spiritual conversation with you. Be ready to interact with those around you. Be willing to ask people if you can pray for them, especially if you feel God prompting you to do so. Find out what is heavy on their heart and be ready to listen and pray.

4. Just try it.

You can't really learn to prayer walk unless you just do it. Even if you feel apprehensive or you don't feel that you can wrap your mind around it, go ahead and try it. You might find it to be very spiritually encouraging and refreshing.

5. Give thanks.

We can assume God has already been at work in your neighborhood. Take time to give thanks for the good things you see going on and pray to partner with Him in making a bigger difference in the future. What an awesome privilege we have to join God as He draws people to Himself.