

The Gospel According to

EXODUS

PREPARING FOR NEXT SUNDAY

January 26, 2020

“The Law of the LORD is Perfect”

This helpful tool will enable you to become familiar in advance with the Scripture from which Pastor John will preach next Sunday. By doing the exercise below, you will prepare your heart and mind for the next message in this series.

Read Exodus 20:1-17.

1. Verse 1 and 2 are a preface to the ten commandments. What light does this preface shed on how we should view these commands? How does the preface help us to understand that the commands are not a system of salvation?
2. What does each command tell us about the character of the Law-Giver? What does God’s character tell you about his will for your life?
3. How do you respond to the statement “the law is not binding?” Do these commands have any abiding relevance for Christians and the culture in which we live?
4. Take note that the commands can be divided into two parts. The first four commands are about loving God and the remaining six are about loving our neighbour. In what ways have you fallen short in both aspects?
5. The commandments are stated negatively - “you shall not.” But what are the positive virtues the law encourages us to develop?
6. What do the following verses tell us about the person and work of our Lord Jesus in relation to the Law? Galatians 4:4; Matthew 3:15; 1 Peter 2:22; Romans 8:3,4.

Announcements

- ▶ We are looking for a few more **volunteers** who would be interested in driving Redeemer students on Sunday mornings on a rotating basis. If you have extra seats available in your vehicle and have been looking for a way to serve, consider this option! *For more information, please contact Krizzia Ricafort at whoutreach@westhighland.org.*
- ▶ If you have not yet picked up your **2020 Offering Envelopes**, please do so in the foyer today.
- ▶ **Chinese Lunar New Year** starts on Saturday, January 25 and we’ve begun decorating as a reminder for you to join us at our celebration on Saturday, February 1 starting at noon!

Church Family News

Congratulations to Ron and Bev Moore on the birth of their grandson, Oliver Lawrence James Moore, on Tuesday, January 14.



West Highland is a member of the Fellowship of Evangelical Baptist Churches in Canada

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WEST HIGHLAND CHURCH
January 19, 2020

Welcome

▶ ARE YOU A GUEST TODAY?

- We would love to get to know you better! Please complete a **Welcome Card** (in the chair pocket) and place it in the offering plate as it goes by **OR** give it to someone at the Welcome Centre to receive our guest gift bag.
- If needed, we have **Large Print** worship song sheets and **Hearing Assistance Devices** available from our Ushers. **Braille** worship song sheets are available at the Welcome Centre.

▶ PROGRAMS FOR CHILDREN AND STUDENTS

- Nursery and programs for children up to JK/SK start at 9:00 & 11:00 A.M. on the lower level.
- Grades 1-8 will be dismissed during the service to meet their leaders in the foyer before proceeding to their classes on the lower level. *Please note: On Communion Sundays, Grades 7 & 8 will remain in the service to worship with their families.*

▶ MANDARIN TRANSLATION OF MESSAGES

上午11点的讲道将在222房间提供国语翻译，大屏幕上会提示需要听国语翻译的朋友们什么时候离开敬拜大厅。

- ▶ Answered prayer? Praise God! If you've had an answer to prayer recently, jot it down on a yellow praise paper (in the chair pocket) and drop it in our **THANKOMETER**—the clear, plastic tube at the front of the Auditorium—anytime during congregational singing. Let us rejoice with you!
- ▶ Download the **Church Center app** by Planning Center as a great way to get information about our church, pre-check in your kids, browse Life Groups, register for events, update your contact information, and more. *To download and for more details, please visit westhighland.org/apps.*
- ▶ **Please note:** The Cornerstone Café will be closed at 1:00 P.M. The church building will be locked at 1:30 P.M.

Today at West Highland

The Gospel According to EXODUS
“Meeting God on the Mountain”
Exodus 19:1-25; 20:18-26 ; Hebrews 12:18-26
John Mahaffey, Lead Pastor

TREC

6:00 P.M.

This Week at West Highland

• MONDAY, JANUARY 20

English Among Friends (ESL) 6:30 P.M.—Room 150
Women's Bible Study 7:00 P.M.—Room 146
Women's Volleyball 7:30 P.M.—Gym

• TUESDAY, JANUARY 21

Women's Bible Study 9:30 A.M.—Room 146
Community Night Dinner 5:30 P.M.—Foyer
↳ *Open to everyone! Cost is \$2.50/person or \$10/family.*
Quest (Grades JK-6) 6:30-8:00 P.M.
Youth (Grades 7-12) 6:30-8:00 P.M.
Men's Group Study 6:30 P.M.—Prayer Room
Women's Bible Study 6:30 P.M.—Room 224

• WEDNESDAY, JANUARY 22

Builders Breakfast (for mature men) 8:30 A.M.—Gym
Women's Mid-Week Oasis 9:30 A.M.—Fellowship Hall
WH Worship Choir Practice 6:30 P.M.—Choir Room
Fresh Encounters (mid-week prayer) 7:15 P.M.—Room 146
Worship Team Practice 7:45 P.M.—Auditorium

• THURSDAY, JANUARY 23

Revival Prayer (one hour of prayer) 7:00 A.M.—Foyer
Self-Defense 6:30 & 8:00 P.M.—Gym

• FRIDAY, JANUARY 24

Mom & Tot Connect Drop-in 9:30-11:00 A.M.—Gym
Women's Ministry Winter Event 7:00 P.M.—Fellowship Hall

• SATURDAY, JANUARY 25

Men's Floor Hockey 10:00 A.M.—Gym
Emmaus Road (one hour of prayer) 7:30 P.M.—Foyer

• NEXT SUNDAY, JANUARY 26

Worship Service 9:00 & 11:00 A.M.

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“The Law of the LORD is Perfect”
Exodus 20:1-17
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6:00 P.M.

Upcoming Events & Ministries

BUILDERS FELLOWSHIP (for Mature Men)

- We'll be having a fellowship breakfast on **Wednesday, January 22 from 8:30-11:30 A.M. in the Gym**. Pastor Jamie Strickland will be our special speaker for the morning.

WOMEN'S MINISTRY WINTER EVENT

- Ladies, save the date and join us for “Hibernation is for the Bears” on **Friday, January 24 at 7:00 P.M. in the Fellowship Hall**. It will be an evening full of connecting with each other, eating, laughing, and maybe even shedding a tear. We'll be having a soloist, a hilarious drama and a compelling speaker who will put the thaw on loneliness. *Tickets are \$10 and available in the foyer. For more information, contact Michelle Friesen at michelledfriesen@gmail.com.*

CHINESE & LUNAR NEW YEAR CELEBRATION

- On **Saturday, February 1**, all are welcome to join us in celebrating some of our diversity with a program of cultural performances at **12:00 P.M.** followed by a lunch at **1:30**.

THE ALPHA COURSE

- This 10-week course is your opportunity to explore the Christian faith with no question too simple, too tough or too out there! **Weekly classes begin Thursday, February 20 at 6:30 P.M.** Dinner is included. *For more information and to register, visit our website at westhighland.org/alpha.*

SUICIDE PREVENTION CLINIC

- An average of 10 people die by suicide each day in Canada, 24% of them are between the ages of 15-24. The stats are tragic! Do you know what to do when someone is talking suicide or wanting to hurt themselves? Do you know the signs, do you have a plan to help? This clinic will help you answer these questions and many more. AGORA Network Ministries will be presenting this Suicide Prevention Clinic at West Highland on **Saturday, February 22 from 9:00 A.M.—Noon in the Fellowship Hall**. Cost is \$10 at the door. *For more information, visit www.agoranetworkministries.com.*

GRIEFSHARE

- If you have recently experienced the death of a loved one and are interested in meeting with others who are also coping with loss, consider joining our next GriefShare session. We will begin meeting on **Saturday, February 29 at 10:00 A.M.** This course is 13 weeks and cost is \$20, which includes a workbook. *To register, please contact Pastor Ken at kingram@westhighland.org or 905-387-5385 ext 108.*