



Do not murder is a command that has been observed by all cultures in all generations, and it is something that very few struggle with. In fact, 99% of White Flag attendees have not and will not murder. In order to get at the heart of the issue, we must go to the words of Jesus in Matthew 5, in which he instructs us that hatred and anger are what is really behind the command to not murder.

1. Behind the sixth commandment is the idea that all people are created in the Image of God. When we hate another person, we in essence hate God. Who in your life do you have trouble loving? Why do you have trouble loving them?

2. If there is a person that you have trouble loving (and we all have someone), what active steps can you take in order to break the cycle?

3. Read the first four verses of 1 Corinthians 13. What three attributes of love are you going to work on?

4. Reflect on this verse: A new command I give you: Love one another. As I have loved you, so you must love one another. ³⁵ By this all men will know that you are my disciples, if you love one another. (JN 13:34-35)
