

**ENJOY THE DAYS GOD HAS GIVEN YOU**  
**Ecclesiastes 9:7-10**

**I. Enjoy the days God has given you through feasting (7).**

Ecclesiastes 2:24: **Nothing is better for a man than that he should eat and drink, and that his soul should enjoy good in his labor.** This also, I saw, was from the hand of God.

Ecclesiastes 8:15: So I commended enjoyment, **because a man has nothing better under the sun than to eat, drink, and be merry;** for this will remain with him in his labor all the days of his life which God gives him under the sun.

**II. Enjoy the days God has given you through joy (8).**

Psalm 23:5: You prepare a table before me in the presence of my enemies; **You anoint my head with oil;** My cup runs over.

Matthew 6:17: But you, when you fast, **anoint your head** and wash your face.

**III. Enjoy the days God has given you through marriage (9).**

Proverbs 5:18: Let your fountain be blessed, and **rejoice with the wife of your youth.**

Hebrews 13:4: **Marriage is honorable among all,** and the bed undefiled; but fornicators and adulterers God will judge.

**IV. Enjoy the days God has given you through work (10).**

Colossians 3:17, 23: **And whatever you do in word or deed, do all in the name of the Lord Jesus,** giving thanks to God the Father through Him. 23 **And whatever you do, do it heartily, as to the Lord and not to men.**

Romans 12:11: **not lagging in diligence,** fervent in spirit, serving the Lord.