

**Food for Thought**  
*For the week following January 5, 2020*

1. Describe Nehemiah's reaction upon hearing about the condition of Jerusalem from his friends.



"Concern"  
Nehemiah 1:1-10

Bill Hogan  
January 5, 2020

2. Why was Nehemiah so concerned for Jerusalem and the temple?

3. Look at Nehemiah's prayer (Neh 1:6-10). What do you notice about God?

— What do you notice about Nehemiah?

4. What breaks your heart as you look at the world today?

— What lessons could you learn from Nehemiah on how to pray about what's breaking your heart today?