

Food for Thought
For the week following April 19, 2020

1. Jesus tells us that we cannot serve two masters in verse 24. Do you agree or disagree? Discuss with a friend (or two!)

2. How can we serve God and manage money at the same time?

3. Why do you think Jesus then uses examples from nature to convince us not to worry? (e.g., flowers, birds)

4. Do Jesus' words in these verses convince you to not worry? Why or why not?

5. Challenge: Find a Jesus follower you know that deals with this “worry” well. Interview them and ask how they learned to manage anxiety from a Christian standpoint. Share your observations with others (with their permission!)



“Worry Math”
Matthew 6:24-34

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