

**Food for Thought**  
*For the week following May 10, 2020*

1. Verse 2 says that the Shepherd makes the sheep lie down. What does this teach us about the Sheep?

— What does this teach us about the Shepherd?

2. What does a restored soul look like (e.g., what behaviors, thoughts, and actions would a “restored soul” exhibit)?

— What part(s) of your soul could use some restoration?

3. What is the path of righteousness the Psalmist is describing?

— How does God lead us on this path?



"Lessons Learned #2 - God Can Restore"  
Psalm 23:1-3

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