

Westminster Presbyterian Church

Phase 2 In-Person Worship Family Checklist

Before Leaving Home

- 1.** Monitor for, and do not attend church, if you have:
 - a. One or more emergency symptoms: Trouble breathing, persistent pain or pressure in chest, new confusion, inability to wake or stay awake, bluish lips or face. **Note: If you have any of these symptoms seek immediate medical care.**
 - b. One or more other symptoms: Fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea
- 2.** Body temperature check. A temperature above 100.4 °F is considered a fever
- 3.** Bring a copy of your seating confirmation if you have a reserved seat
- 4.** Bring your own Bible (although Bibles will be in the pews, they will not be disinfected)
- 5.** Bring your own Kleenex
- 6.** Bring facemasks: required whenever walking around or if seated in the reserved face mask section
- 7.** Remind your children about social distancing
- 8.** Take a bathroom break at home before traveling to church
- 9.** Wash hands thoroughly
- 10.** Drive safely!

Upon Entry, During the Service and upon Dismissal

- 11.** Cover coughs and sneezes, even if wearing a mask
- 12.** Maintain 6 ft spacing and avoid shaking hands
- 13.** Avoid bathroom breaks if at all possible